

20 November 2024

MEDIA RELEASE

(Eds: Media alert at the bottom of release with Minister Amanda Rishworth and CEO Nicole Rogerson in attendance today)

Autism Awareness Australia launches nation's most comprehensive resource for families: 'Navigating Autism - In The School Years'

Autism Awareness Australia is proud to announce the launch of 'Navigating Autism - In the School Years', a ground-breaking, free and accessible digital platform designed to support families of autistic children throughout their school years.

As the nation's most comprehensive autism resource, "Navigating Autism – In the School Years" covers more than 250 key topics, providing parents and carers with expert-backed tools and advice to help their children thrive both academically and emotionally.

The platform offers a one-stop destination for families looking for information tailored to the unique challenges autistic children face between the ages of 5 and 18.

From transitioning into school and managing friendships, to coping with puberty, mental health issues, and preparing for life after school, 'Navigating Autism - In the School Years' is an indispensable resource for families at every stage.

"We've designed this platform with real families in mind," says Nicole Rogerson, Founder and CEO of Autism Awareness Australia.

"We listened to the experiences of autistic individuals, parents, carers, clinicians, and educators to create a tool that's not only comprehensive but addresses many topics that are often ignored."

"This is the most comprehensive, evidence-based family friendly resource available today, providing parents with practical and easy to digest interactive tools, videos and articles."

"The disability landscape is going through some major reform right now and that's why it's even more critical that we double down on the support to families."

"We know that families in remote areas often struggle to find support, by making this resource digital and free, we're ensuring every family can access expert advice, no matter where they live," Ms Rogerson says.

Collaboration and Evidence-Based Content

The platform was developed through a collaborative effort involving the autism community, including autistic individuals, parents, educators, and healthcare professionals.

The content is grounded in evidence-based research and covers a range of crucial topics including communication skills, NDIS navigation, mental health, and educational strategies.

Autism Awareness Australia is committed to empowering families by giving them access to trusted, up-to-date information and strategies that have been vetted by experts and designed with real-world challenges in mind.

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ENDS

MEDIA LAUNCH DETAILS

'Navigating Autism - In the School Years', will be launched today by Autism Awareness Australia at an event with **Minister Amanda Rishworth** and **Speaker Milton Dick**.

Autism Awareness Australia CEO **Nicole Rogerson** will be available for interview at this event and families who have benefited from the resources and support of AAA will also be in attendance.

Event Details: **TODAY at 3:30 PM**

Location: **Parliament House Canberra - Speaker's Courtyard, RG44**